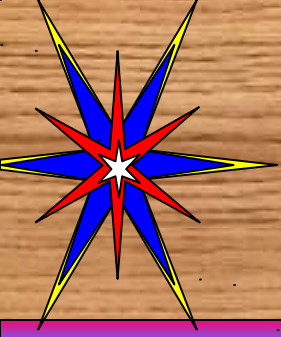


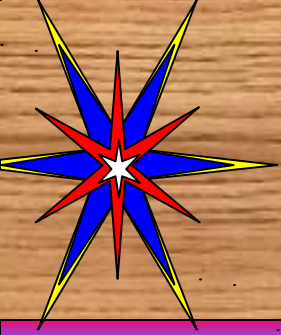
Enabling

- 1. Select from a list the definition of enabling**
- 2. Select from a list actions that enable Soldiers to continue to abuse drugs or alcohol**



What is Enabling?

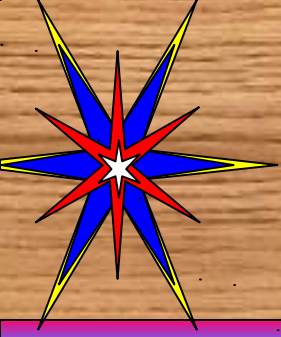
- ▮ **The actions of others -- including leaders, supervisors & peers -- that allow or encourage alcohol and/or other drug abuse to continue or worsen by preventing the abuser from experiencing the negative consequences of their abuse.**
- ▮ **Allowing abuse to continue, by not confronting the issue or turning a blind eye to it.**
- ▮ **Encouraging abuse by protecting or covering up for the abuser - i.e. the Soldier doesn't have to face the negative consequences of their actions.**



Why people Enable

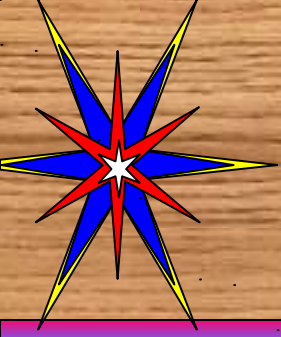
- ▮ To protect or help the substance abuser.
- ▮ They don't want to jeopardize their relationship with the abuser.
- ▮ They think that by ignoring the abuser's problem it will go away.
- ▮ They don't want negative attention given to their unit or to their leadership abilities.
- ▮ Enabling makes them feel good - taking care of their Soldier.
- ▮ They have unresolved issues of alcohol and/or other drug use in their own families.





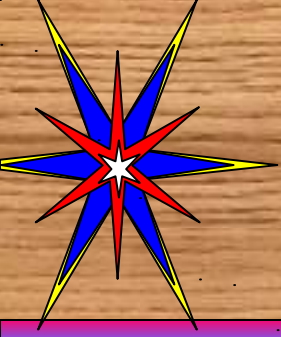
Examples of Enabling

- ▮ Not enforcing underage drinking laws - turning a blind eye, because they feel all Soldier's should be able to drink regardless of age.
- ▮ Allowing a Soldier who comes to work with a hangover to get by with doing less work.
- ▮ Ignoring the fact that SPC Snuffy seems to get into some sort of trouble about every other month and in each case he was drinking at the time.
- ▮ Trying to solve the Soldier's problem in house - Taking care of your own.



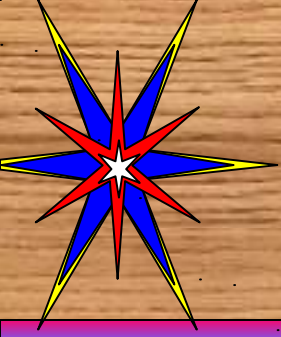
Examples of Enabling

- ▮ **Not confronting a subordinate or fellow Soldier that you know has a drinking problem because he/she hasn't gotten a DUI or other blotter incident.**
- ▮ **Covering up a supposed one time incident by a Soldier so he/she doesn't put their clearance at risk or get into trouble.**
- ▮ **Overlooking unacceptable behavior.**



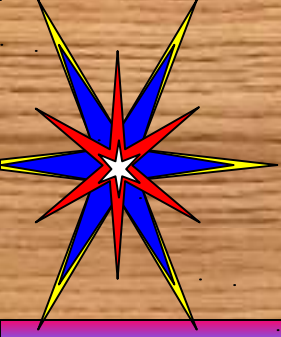
Examples of Enabling

- ❑ **Overlooking Soldier's verbal comments about their alcohol/other drug use.**
- ❑ **Failing to report alcohol/drug incidents.**
- ❑ **Attempting to change the behavior by "counseling" problem Soldiers rather than referring them to the ASAP.**
- ❑ **Believing that a Soldier couldn't possibly be involved with alcohol or other drugs because he/she is a good Soldier.**



Breaking the Enabling Pattern

- ▣ **Help the abuser face the unpleasant consequences of his/her behavior.**
- ▣ **Stop taking responsibility for the abuser's actions.**
- ▣ **Documenting poor performance or discipline problems that are direct result of alcohol consumption.**
 - ▣ **Unable to fully perform duties because he/she was out drinking late last night**
 - ▣ **Soldiers who occasionally get into trouble when drinking**
- ▣ **Soldiers bragging about being able to drink large quantities of alcohol should not be praised; they are a heavy drinker who is in need of help.**



Summary

- ▣ **Soldiers who abuse drugs and/or alcohol will exhibit some behavior that someone should recognize.**
- ▣ **Leaders must take action and get Soldiers help before the problem gets worse. Sometimes getting in trouble is their first step to realizing they have a problem.**
 - ▣ **Refer Soldiers for screening and evaluation - if you suspect a problem even if the Soldier has not gotten in trouble. Get the Soldier help before he/she gets in trouble.**
 - ▣ **Ensure Soldiers are counseled when unable to properly perform their duties because of alcohol abuse the night before.**
- ▣ **Bottom Line - Don't be a Soldier's Enabler!**